

PARENT CARER SUPPORT

GROUP AT P.E.S.T.S

Starting 26th April 1pm- 2:15pm

(Every Other Monday)



Group sessions every two weeks, offering a way for parent carers sharing a common experience to help and learn from each other.

Through sharing your own experiences, you can make connections by offering each other emotional comfort and moral support whilst sharing practical advice and tips.

Dates

Mon 26th April

Mon 10th May

Mon 24th May

Mon 14th June

Mon 28th June

Mon 12th July

**Sessions are for Parents & Carers of Children with
Additional Needs and will be held via "ZOOM"**

To book a place, go to [Bookings](#) or contact Natalie on 07914 311298