

# Love Month

We are super excited about our love month events coming up! Details on each of them are below!

## Parents/carers workshop on Navigating Relationships and Sexuality

*Do you struggle with talking about sex and intimacy with your adult or young person you cared for? Do you have any questions you would like to ask health professionals about his topic? Then Come along to this workshop!*

*On Tuesday 31st of January @ 10.30am til 1.30pm @ Westside, Ealing, Churchfield Road, W13 9NF*

*The CTPLD team will be running a workshop for parents/ carers of people with Learning disabilities and/or Autism*

*They will have support from experts by experience on their difficulties from young people at Westside who have created and will showcase a presentation and discussions will be had on how to navigate relationships and sexuality.*

*Limited spaces available please use our URL to purchase a free ticket to this event : <https://www.eventbrite.co.uk/e/512143431127>*

## Adults with Learning Disabilities and/or Autism Valentines disco!

*Come and Dance the night away at our Disability friendly Disco!*

*There is a paying bar where you can buy your own drinks .There will be no food provided, or food allowed on the premises so please eat beforehand.*

*On Friday the 10th of February at Drayton Court hotel 6.30pm -10.30pm*

*Tickets cost £10\* Plus an additional small processing fee*

*Limited spaces available, please use our URL link to purchase a ticket : <https://www.eventbrite.co.uk/e/adults-18-with-learning-disabilities-andor-autism-valentines-disco-tickets-520368063887>*

**If any parents/carers or people with learning disabilities and or autism would love to support with these events, have any suggestions, would like to volunteer to help out or would simply like some more information on any of these events then do let us know and get in touch at [parentsupport@ealingmencap.org.uk](mailto:parentsupport@ealingmencap.org.uk). We are so excited for Love month and hope to you all at our events!**

## Adults/Young people with Learning Disabilities and /or Autism workshop on navigating relationships and sexuality

*Would you like to learn more about relationships and Consent?*

*Come along on the 7th of February to this workshop Led by the CTPLD team for support surroundings relationships.*

*This workshop is for people with learning disabilities and/or Autism.*

*At the Carers Trust Thames- Ealing Carers Service, Sycamore Lodge, 1 Edgecote Cl, London W3 8PH*

*Limited spaces available please use our URL to purchase a free ticket to this event:<https://www.eventbrite.co.uk/e/adultsyoung-people-with-ld-autism-relationship-sexuality-workshop-tickets-520328445387>*

## Adults with Learning Disabilities and/or Autism Valentine Craft Event!

*Come along and make something love themed for yourself or a loved one!*

*If you have a 1:1 support worker or carer and would like to bring them along to help support you, please feel free to bring them along, free of charge. No food will be provided, please eat lunch beforehand*

*On Saturday February 18th @ 2pm at Open Ealing, unit 14 school Ln, Dickens Yard, London, W5 2TD near Ealing Broadway Station*

*Tickets for this event cost £6\* Plus an additional small processing fee*

*Limited spaces available, please use our URL link to purchase a ticket: <https://www.eventbrite.co.uk/e/adults-with-learning-disabilities-andor-autism-valentine-craft-event-tickets-520323062677>*